

QUICK PIZZA DOUGH

Perfect for a pizza party with your housemates, and great for freezing in advance.

Preparation Time: 5 mins, 10-15 mins resting

Cooking Time: 10-15 mins

Serves: 2 x 30cm pizza bases

INGREDIENTS:

- 400g plain flour, plus extra to dust
- 1 x 7g sachet fast action dried yeast
- 1 tsp fine sea salt
- 1 tsp caster sugar
- 2 tbsp olive oil, plus extra to drizzle
- 1 tbsp cornmeal, polenta or semolina, to roll out

METHOD

- 1. Preheat the oven to the hottest it will go (around 240°C, fan 220°C, gas 9), before starting to make the dough. Put in a couple of pizza stones, or 2 large baking trays, to get really hot.
- 2. Mix the flour, yeast, salt and sugar together in a mixing bowl. Make a well in the centre and add the oil, then add about 225ml water to bring together as a dough. Tip out onto a floured surface and knead for 1 minute, just until smooth. Leave to rest under the upturned bowl while you prepare your pizza toppings.
- 3. It's time to shape the pizzas! Roll out one ball at a time on a lightly floured surface, to about 25cm in diameter. Sprinkle a large square of baking paper with the cornmeal (or alternative) then lift the dough onto the paper. Stretch and press the pizza dough with your fingertips until it is about 30cm diameter, indenting a thicker crust around the edges. The middle should be about 5mm, and the crust about 1cm deep. Repeat to make a second pizza.

4. Spread the pizzas with sauce and add your toppings (don't add too many, or you'll end up with a soggy pizza). Drizzle with a little oil and leave to rest for 10-15 minutes before baking, so that the dough starts to rise. Slide the pizzas onto the preheated pizza stones or hot baking trays, still on the lining paper to help lift them easily. Bake for 10-15 minutes until the base is golden and crisp.

RECIPE TIP

If making a batch for next time, separate out each portion into a ball, lightly coat with olive oil and then tightly seal in a freezer bag. The dough will last up to three months!